

PXU CITY

FAMILY GUIDE



Where The City is your classroom

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UNION

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WELCOME TO PXU CITY!

PXU City provides the most innovative high school experience where “The City is Your Classroom”. A student at PXU City will earn course credits in person and online from any PXU campus. Flexible schedules allow students to participate in rigorous courses, go in-depth with internships and earn credit for work experience. Students can create their own experiences, meet family needs and pursue rigorous academics. Wraparound services and technology ensure every student is successful.

PXU City deepens the connection between students and the city of Phoenix so that it’s not just “The City” but “Their City”. Unique connections and experiences throughout Phoenix; learning about the city and its history, visiting our capital, engaging with professionals and leaders, visiting sister cities, and exploring Arts and Cultural museums-all connected to standards-earn credits in a brand-new way. Our goal is to develop students who are ready to succeed and lead not only in today’s Phoenix but in today’s world.

Part of what makes PXU City successful is our partnerships with families. We look forward to building the future with you!

Leah McKiernan
Principal PXU City



Our goal is to develop students who are ready to succeed and lead not only in today’s Phoenix but in today’s world.

MEET THE PXU CITY TEAM

PXU City Principal Leah McKiernan

lmckiernan@phoenixunion.org
602-764-6342

Assistant to the Principal Wendy Hernandez

whernandez@phoenixunion.org
602-764-6342

Registration Office Assistant Clara Arguelles

carguelles@phoenixunion.org
602-764-6305



The Registration Office is here to support students and families in enrollment and counseling services. The Registration office is the first stop when arriving at PXU City and can provide you with information to answer any questions.

You should contact the Registration office if you have questions about:

- Updating your phone number/address or personal information
- Enrollment or Withdrawal
- Classes or schedules
- Transcript or Records requests



MEET THE PXU CITY TEAM

PXU City Program Manager Cara Wright

cwright1@phoenixunion.org
602-764-6367
Science Specialist

The PXU City Program Manager will serve as a facilitator of internships, work experience, and job shadowing. The Program Manager:

- Continually develops PXU City courses and experiential learning opportunities.
- Serves as a point of contact with internal and external groups.
- Support data collection and analysis and works with school leadership to develop and monitor program success and improvement.

Counselor Stephen Fowler MAC, MEd, LAC, NCC

sfowler@phoenixunion.org
602-764-6303

The PXU City counselor develops and maintains relationships with students to help them with:

- Individual student academic planning and goal setting
- Classroom lessons based on student success standards
- Short-term solution focused guidance/Referrals for long-term support
- Collaboration with families/teachers/community for student success
- Advocacy for students at various student-focused meetings
- Data analysis to identify student issues, needs and challenges



MEET THE PXU CITY TEAM

PXU City Teachers:

- Continually develop PXU City courses and experiential learning opportunities.
- Serve as a point of contact for PXU City.
- Conduct regular check ins with students to ensure students are being successful and arrange any interventions needed.

PXU City Teacher Shaunna O'Dowd

sodowd@phoenixunion.org
602-764-1004
English and Communication Specialist

PXU City Teacher Richard Hoffman

rhoffman@phoenixunion.org
602-764-1004
Math and Reading Specialist

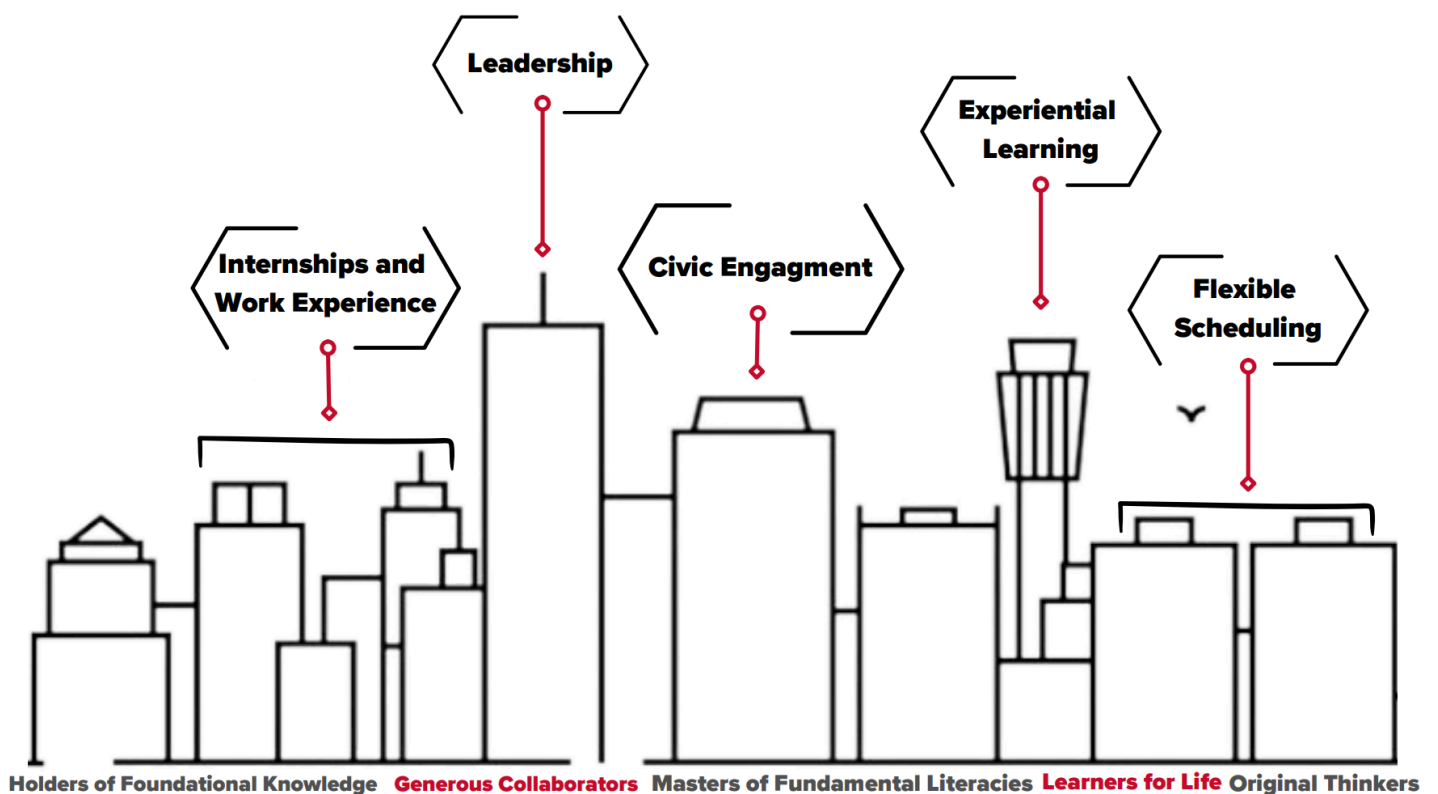


PXU CITY TEACHERS LEAD:

- PXU City Seminar
- PXU City Research
- Enrichment Seminar
- Communication Mentorship
- Advisory
- Foundations of Leadership

PXU CITY

STUDENT OPPORTUNITIES



*Where The City is your
classroom!*

A background image showing a group of students in a classroom or workshop setting. In the foreground, a young woman with dark hair, wearing a black t-shirt and a necklace, is standing and looking down. To her right, another young woman with long, wavy brown hair, wearing a black long-sleeved shirt and a necklace, is sitting at a table and looking up. The table in front of them has various items on it, including a smartphone, a pair of scissors, and some colorful pom-poms. In the background, other students are visible, some sitting at tables and others standing. The overall atmosphere is one of a busy, collaborative learning environment.

STUDENT OPPORTUNITY

INTERNSHIPS & WORK EXPERIENCE

INTERNSHIPS

Students have the opportunity for internships based on their interest and needs. Students are placed with outside businesses and organizations by our Program Manager Cara Wright. Students are monitored and coached through this process and assessed for success at the end of the internship. One full credit can be earned with 120 hours of internship.

WORK EXPERIENCE

Students may earn credit for the work they do outside of school. One full elective credit for 120 documented hours at a place of work.

Students can choose when and where to take their classes. This enables students to take inperson classes during the time of day that works for them, and take online classes to remain credit current. Students may also choose to attend more than one campus to take advantage of programs and courses that are campus specific.

A photograph of students in a classroom, overlaid with a red tint. Two female students in the foreground are smiling and looking towards the right. A male student is visible behind them. A large red cup with a straw is on the desk in the foreground. The text 'FLEXIBLE SCHEDULING' is written in large white letters across the bottom left, and 'STUDENT OPPORTUNITY' is in a red box on the bottom right.

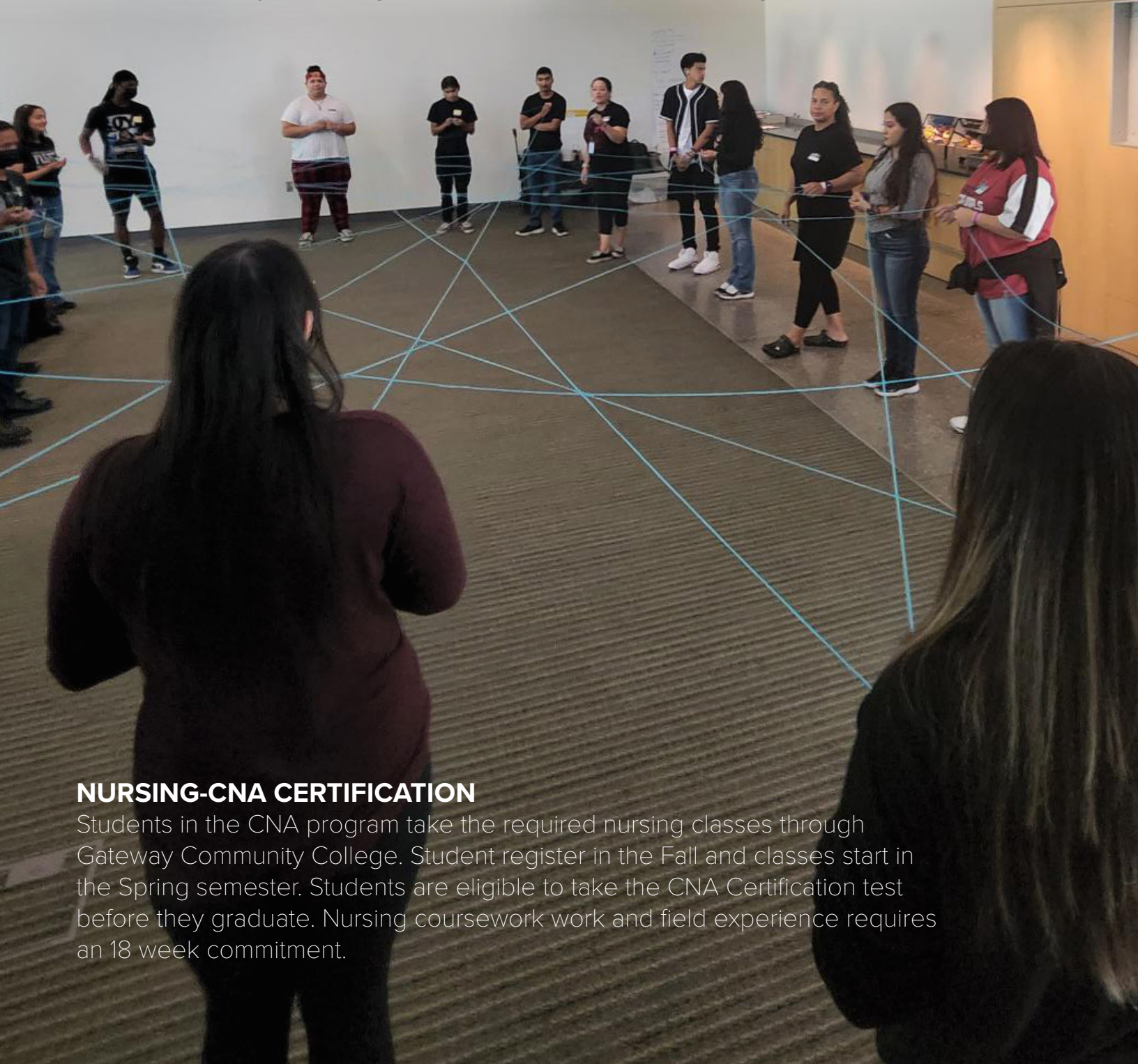
FLEXIBLE SCHEDULING

STUDENT OPPORTUNITY

STUDENT OPPORTUNITY

EXPERIENTIAL LEARNING

All PXU City courses are designed to be experiential. Learning from student led projects, to learning in the city of Phoenix, students are offered the opportunity to bring the real world into their high school experience.



NURSING-CNA CERTIFICATION

Students in the CNA program take the required nursing classes through Gateway Community College. Students register in the Fall and classes start in the Spring semester. Students are eligible to take the CNA Certification test before they graduate. Nursing coursework work and field experience requires an 18 week commitment.



STUDENT OPPORTUNITY

LEADERSHIP

PXU City Offers three student Leadership courses:

FOUNDATIONS OF LEADERSHIP

Students learn the fundamentals of leadership and participate in the Valley Leadership Catalyze Program-Catalyze is for any student who is ready to lead and be guided by Valley Leadership's Principles of Doing. While eleven program sessions will be held virtually, there are three in-person sessions and an optional in-person social during the program.

APPLICATIONS OF LEADERSHIP

Introduces students to action projects to improve our campus based on student observations. Students are part of PXU City's Site Council, where they take part in decision making processes for the whole campus. Students will create and implement a project that addresses a campus need or concern.

COMMUNITY IMPACT LEADERSHIP

Students take learning and experiences from previous courses and take action in their community. Students will create and implement a project to address a need of concern in the community.

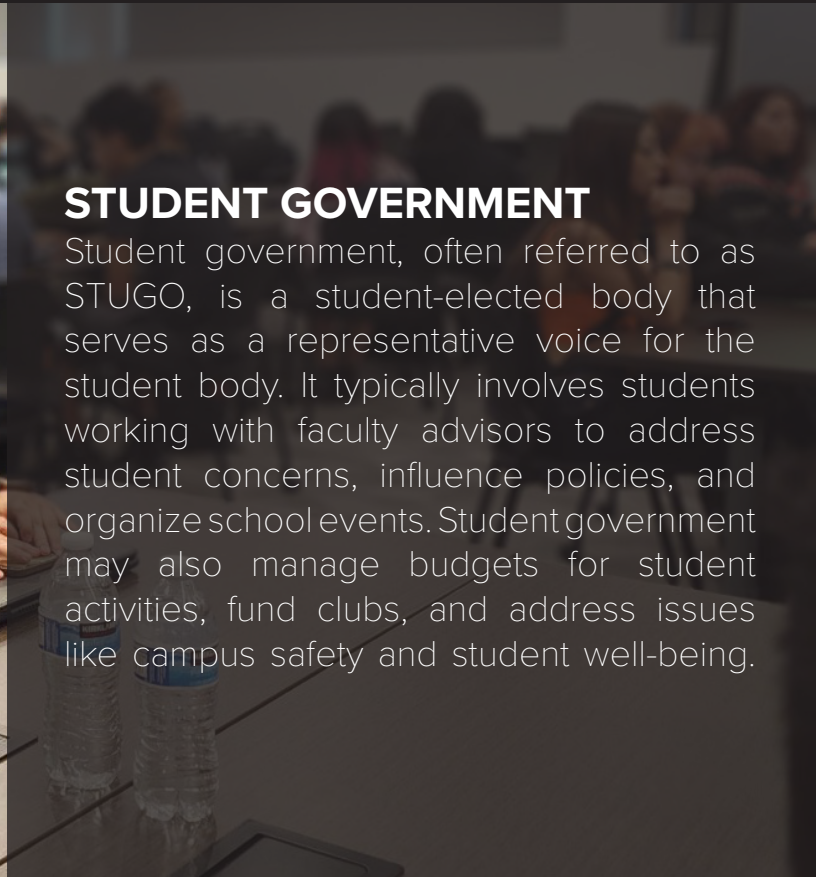
STUDENT OPPORTUNITY

CIVIC ENGAGEMENT



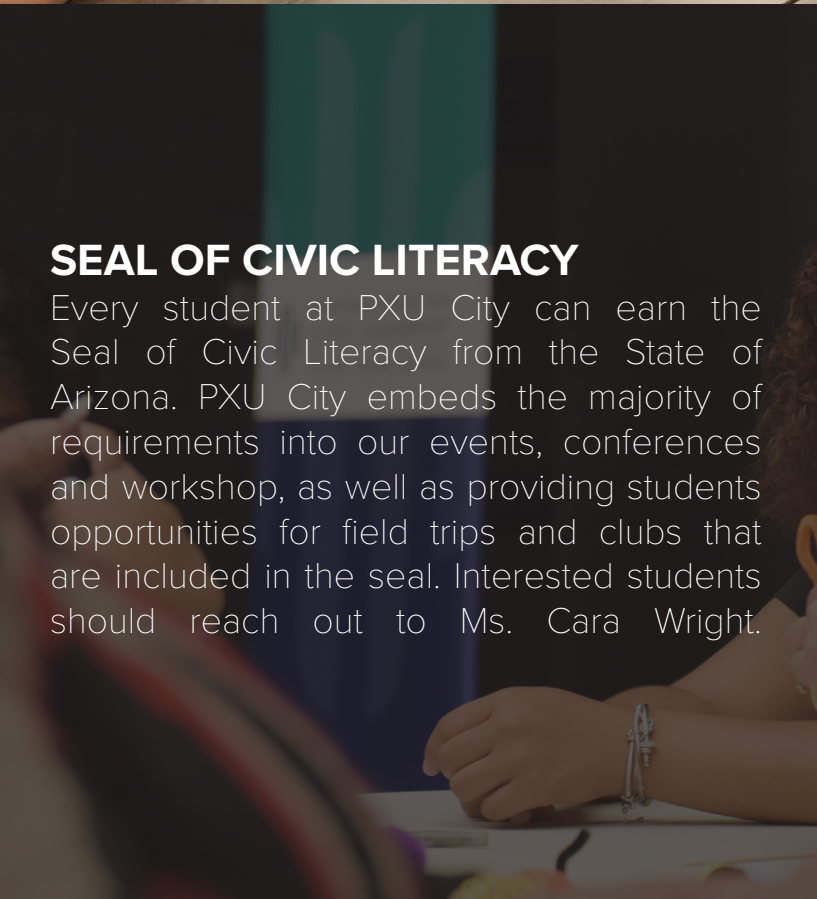
STUDENT GOVERNMENT

Student government, often referred to as STUGO, is a student-elected body that serves as a representative voice for the student body. It typically involves students working with faculty advisors to address student concerns, influence policies, and organize school events. Student government may also manage budgets for student activities, fund clubs, and address issues like campus safety and student well-being.



SEAL OF CIVIC LITERACY

Every student at PXU City can earn the Seal of Civic Literacy from the State of Arizona. PXU City embeds the majority of requirements into our events, conferences and workshop, as well as providing students opportunities for field trips and clubs that are included in the seal. Interested students should reach out to Ms. Cara Wright.



HOUSE OF REPRESENTATIVES

YOUTH AND GOVERNMENT

The Arizona Youth and Government™ Program has provided outstanding experiential learning for over 75 years to youth from across the state. Youth and Government™ helps young people define the community action they wish to take, and teaches youth the legislative and judicial processes to facilitate social change. The semester-long program is hosted through several experiential virtual meetings leading students through topics such as parliamentary procedure, political parties, media, voting, bill writing, and debate policy. The semester concludes with the Model Legislative Session, which is held annually during the first weekend in December at the Arizona State Capitol. During this capstone experience, delegates will debate their bills in the State House and Senate, run for office, write a daily newspaper, and host State Supreme Court hearings.



CIVIC ENGAGEMENT

STUDENT OPPORTUNITY

PXU CITY EXPECTATIONS

COMMUNICATION MENTORSHIP is a required yearlong course that builds skills for life after high school, including: having foundational knowledge, being a generous collaborator, mastering fundamental literacies, being an original thinker and learner for life. The class meets daily on TEAMS and includes required in-person meetings with the teacher.

ADVISORY is a required in-school period to support and enhance learning. Students complete a daily check-in form, and teachers may sign them out to make up work, complete assessments or refine skills. Students may visit other classes for help or work on online courses. **ON-CAMPUS STUDENTS MUST BE IN THE CAMPUS LIBRARY DURING ADVISORY.*

EVENTS

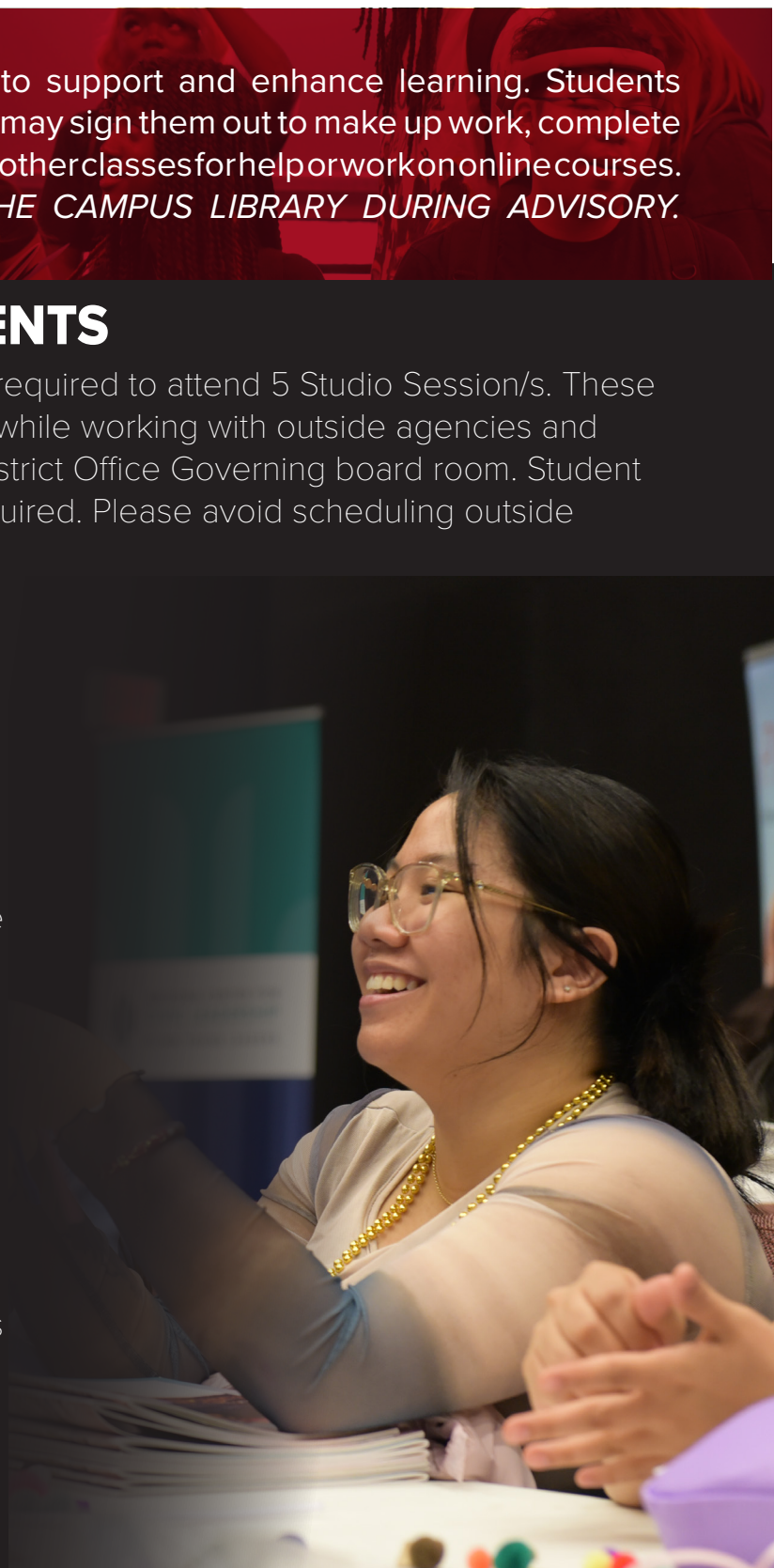
STUDIO SESSION/S PXU City students are required to attend 5 Studio Session/s. These events are focused on refining student skills while working with outside agencies and speakers. Studio Session/s are held in the District Office Governing board room. Student lunch is provided. Parent Permission Slip Required. Please avoid scheduling outside appointments on the dates below.

Dates for 2025:

- September 16th
- November 18th
- January 20th
- February 17th
- April 14th

VOLUNTEER HOURS PXU City students are required to volunteer 20 hours a year. We will provide multiple volunteer opportunities through.

OTHER EVENTS Students are required to attend at least two school events outside of Studio Session/s. These may be workshops based on grade level like filling out the FASFA and college applications for seniors to ACT prep for juniors. Students and parents will be notified of all events through Parent Square, our TEAMS channel, and social media.





ParentVUE provides centralized access to student grades and assignments, communication with teachers, and more. ParentVUE is available as a web portal or a mobile app.

ParentVUE®
powered by Synergy®

EASILY ACCESS YOUR STUDENT'S INFORMATION












Use a web browser to visit: <https://parentvue.phoenixunion.org>. Or download the ParentVUE mobile app from the Apple App Store or Android Play Store.

NEED AN ACTIVATION KEY?

Reach out to our registration office at 602-764-1004 or to pxucity@phoenixunion.org to request an activation key.

NAVIGATING PARENTVUE

There is a navigation menu on the left side of your home screen.

| Home | |
|--|--|
|  Synergy Mail 17 | ← Emails from teachers, administration and the school. |
|  Calendar | ← Calendar showing class and school events as well as your students schedule |
|  Attendance | ← Three month calendar showing all absences and tardies |
|  Class Schedule | ← Displays student schedule with teacher and room number and links to teacher email. |
|  Course History | ← Chart of progress of towards graduation requirement |
|  Grade Book | ← Shows current class grades for students |
|  Report Card | ← Last progress report information |
|  School Information | ← Link to school website and contact information for Principal and staff |
|  Student Info | ← Student information including Emergency contacts and information |
|  Test History | ← Test history and scores |
|  Documents | ← Access to student transcript (unofficial) |

STUDENT SCHEDULES

Your student has a unique schedule that fits their current needs to balance school and life.

CLASS AND SCHEDULE TYPES

- Each class is built in two parts. Each part earns .50 credits. Taking both the first and second part of the class earns one full credit.
- Your student may have a mixture of **Online**, **In-Person**, and **Hybrid** classes.
 - Online** classes from PXU City are 18 week courses placed in each semester of the year.
 - In-Person** classes on campuses are 18 week courses placed in each semester of the year. Students complete the full class in one year.
 - Hybrid** classes from PXU City are semester classes that meet online through TEAMS, and may have an in-person component.
- Your student may arrive to campus later than the start of the school day and may leave earlier than the end of the school day. Please help ensure that your student attends their in-person classes every day.
- Your student may attend more than one campus for in-person classes. Transportation is not provided unless part of a Metro Tech program. Students are responsible for ensuring they can safely make it to and from each campus.

School the class is at and where in the year the class is scheduled.

Schedule Information

| Per | Term | Section ID | Course |
|---------------------------------------|------|------------|--------------------------------------|
| PXU City - 1st Quarter / 1st Semester | | | |
| 0 | S1 | 5249000-09 | 5249000 - Enrichment Seminar |
| 1 | S1 | 032014R-00 | 032014R - Earth & Space Sciences VL2 |
| 2 | S1 | 042002R-00 | 042002R - US/AZ History - VL2 |
| 3 | S1 | 2200900-03 | 2200900 - Advisory 1 |
| 8 | S1 | 2200850-01 | 2200850 - Work Experience Credit 1 |

Hybrid Campus

Online Classes

PXU City - 4th Quarter / 2nd Semester

| | | | |
|---|----|------------|------------------------------------|
| 0 | S2 | 5249000-10 | 5249000 - Enrichment Seminar |
| 3 | S2 | 2200910-03 | 2200910 - Advisory 2 |
| 8 | S2 | 2200860-01 | 2200860 - Work Experience Credit 2 |

In-Person Campus

Alhambra High School - 1st Semester (Concurrent)

| | | | |
|---|----|-------------|-------------------------------|
| 5 | S1 | 4207000-003 | 4207000 - English 7 |
| 6 | S1 | 5831000-009 | 5831000 - Government |
| 7 | S1 | 0200230-006 | 0200230 - Financial Algebra 1 |

In-Person Classes

Alhambra High School - 2nd Semester (Concurrent)

| | | | |
|---|----|-------------|-------------------------------|
| 5 | S2 | 4208000-003 | 4208000 - English 8 |
| 6 | S2 | 5841000-008 | 5841000 - Economics 1 |
| 7 | S2 | 0200240-006 | 0200240 - Financial Algebra 2 |

TRANSCRIPTS & CREDITS

A transcript is a record of all of the courses a student has taken and the grade. Transcripts can be requested in the Registration office through the Credentials Specialist.

*Please allow 24 hours for processing.

| NAME OF COURSE | | | GRADE EARNED | | NUMBER OF CREDITS | | | |
|--|-----------------|--------------|--|----------|--|-------|--|--|
| Course Title | Mark | Cred Att/Cmp | Graduation Requirements - Test History | | | | | |
| Camelback High School | | | Test Name | Admin Dt | Perf Lvl | Score | | |
| Yr. 2021 | Term: S1 | Grade: 09 | Civics Exam | | Not Taken | | | |
| Freshmen Connection 1 | A | 0.500/0.500 | COURSES TAKEN FALL SEMESTER | | | | | |
| English 1 | A | 0.500/0.500 | | | | | | |
| Alg 1 | B | 0.500/0.500 | | | | | | |
| Lifetime Sports 1 | A | 0.500/0.500 | | | | | | |
| Wgt Trg Boys 1 | A | 0.500/0.500 | | | | | | |
| Biol 1 | A | 0.500/0.500 | | | | | | |
| Advisory 3 | P | 0.250/0.250 | | | | | | |
| Cred Att: 3.250 | Cred Cmp: 3.250 | GPA: 3.833 | | | | | | |
| Camelback High School | | | | | | | | |
| Yr. 2021 | Term: S2 | Grade: 09 | COURSES TAKEN SPRING SEMESTER | | | | | |
| English 2 | C | 0.500/0.500 | | | | | | |
| Alg 2H | A | 0.500/0.500 | | | | | | |
| Lifetime Sports 2 | A | 0.500/0.500 | | | | | | |
| Wgt Trg Boys 2 | B | 0.500/0.500 | | | | | | |
| Health Ed 1 | B | 0.500/0.500 | | | | | | |
| Biol 2 | A | 0.500/0.500 | | | | | | |
| Advisory 3 | P | 0.250/0.250 | | | | | | |
| Cred Att: 3.250 | Cred Cmp: 3.250 | GPA: 3.500 | | | | | | |
| Graduation Requirements - Credit Summary | | | | | | | | |
| Subject Area | Req'd | Comp | WIP | Needed | CREDIT SUMMARY OF GRADUATION REQUIREMENTS | | | |
| Arts/CTE [1] | 1.000 | 0.000 | | 1.000 | | | | |
| Biology | 1.000 | 1.000 | | | | | | |
| Other Lab Science [1] | 2.000 | 0.000 | | 2.000 | | | | |
| Electives | 6.500 | 3.000 | | 3.500 | | | | |
| English | 4.000 | 1.000 | | 3.000 | | | | |
| Health Education | 0.500 | 0.500 | | | | | | |
| Mathematics | 4.000 | 1.000 | | 3.000 | | | | |
| Economics | 0.500 | 0.000 | | 0.500 | | | | |
| Government | 0.500 | 0.000 | | 0.500 | | | | |
| US/AZ History | 1.000 | 0.000 | | 1.000 | | | | |
| World History/Geograph | 1.000 | 0.000 | | 1.000 | | | | |
| TOTALS | 22.000 | 6.500 | 0.000 | 15.500 | | | | |

Graduation requires 22 total credits, including:

- 4 credits of English
- 4 credits of Math
- 3 credits of Lab Science (one course must be Biology)
- 3 credits of Social Studies
- 0.5 credits of Health Education (or 1.0 credits of Intro to Medical Arts for Magnet)
- 1 credit of CTE or Fine Arts
- 6.5 credits of Electives
- Pass Civics Test

Arizona Universities require 2 credits of world language and any applicable college entrance exam.

FAQ ABOUT CREDITS

1. How do I earn credits?

Each class is broken into 2 semesters, Semester 1 in the Fall and Semester 2 in the Spring. You earn 0.5 Credits each semester you pass a class with a grade of A, B, C or D. For Example if you pass English 1 in semester 1 of your freshman year and English 2 in semester 2 you earned 1 credit of English.

2. What happens if I fail a class?

If you fail a semester, you must retake it to earn credit. Multiple failed classes make on-time graduation harder. For example, failing both semesters of Algebra requires retaking both. Courses can be retaken in Summer School or a Credit Recovery course.

3. How many credits can I earn each year?

Each class is broken into 2 semesters. You earn 0.5 credits each semester you pass a class with a grade of A, B, C or D. Every student takes six classes plus an Advisory class for a total of 3.25 credits a semester or 6.50 credits per year.

FIVE ROLES

Families Play to Accelerate Student Learning



COMMUNICATE HIGH EXPECTATIONS

An important way families can help their child succeed is to consistently communicate high expectations for student performance. Teachers can help families by sharing information about milestones students should

MONITOR THEIR CHILD'S PERFORMANCE

Families can support their child's success by regularly checking in with them and teachers. Teachers can support families by consistently and proactively engaging with them about student progress and by being available to families in a timely way.

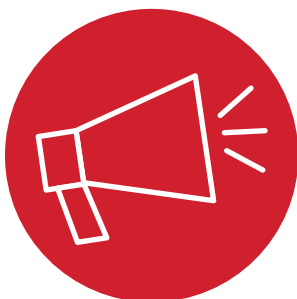


SUPPORT LEARNING AT HOME

When families support and reinforce learning at home, their children do better in school. Teachers can help families support learning at home through consistent academic partnership and ongoing communication. Helping families create a series of thought-provoking, content-specific questions to ask children at home is just one example.

GUIDE THEIR CHILD'S EDUCATION

Families play a critical role in navigating their child's educational experience from preschool all the way through college. The school community can support families by connecting them to resources and activities that supports their unique needs.



ADVOCATE FOR THEIR CHILD

Families advocate for their children to ensure they get the personal attention and necessary support they need to be successful in school. Teachers can keep open channels of communication with families while school leadership can create a feedback-friendly environment. This could include a family feedback system, expanded office hours for family conversations, and proactively seeking input from families about school policy decisions.

Students do better in school and life when their families are engaged. Research shows family engagement from birth through adolescence supports positive outcomes for students and schools, including improved school functioning.

Family Engagement:

is associated with reduced drop-out rates and higher graduation rates.

leads to increased student achievement.

can reduce absenteeism.

encourages students to have better attitudes towards learning.

leads to better social skills and less conduct problems.

is associated with higher expectations.

can lead to better student-teacher relationships.

helps improve trust in schools.

leads to more cultural competence.

COMMUNICATION - WE LOVE TO HEAR FROM YOU!

Family/Teacher Conference

Teachers hold family-teacher conferences once per semester to discuss progress, share strategies, and set goals to support student goals.

Your Information is Key

The contact information you provide at enrollment is used by teachers and staff to address your student's academic and social-emotional needs. Please keep it updated by notifying the registration office of any changes. Updating your address at the post office does not update our system, and mail will be returned to the school.

Administration and Support Staff

The campus can be reached by phone at **602-764-1004**. The automated system can connect you to any department you may need to contact. This system is available in both English and Spanish.

Teachers

Teachers can be reached by email, with contact details listed in the Plan for Success given to students at the start of the year. This document includes class and grading information. Parents/guardians must sign the last page and students must return it to each teacher; you may keep the rest for your records.

VOLUNTEER

Call 602-764-1004 to volunteer!

Volunteers are a key element in the success of our school. We rely on the services, expertise and generous time and talents that volunteers provide. PXU City welcomes a variety of volunteers who enhance our students' educational experience.

Volunteer Opportunities at PXU City:

- Help at an Event
- Be a Parent Speaker
- Be part of a committee
- Help at an workshop
- Chaperone a volunteer opportunity
- Bring your ideas to us!



10 REASONS TO VOLUNTEER & GET INVOLVED

1. Research shows that kids whose parents are involved in their school do better.
2. Joining a parent group will provide concrete and tangible ways to get involved, whether at events, in the classroom, or on a committee.
3. Your child spends a lot of time at school, and it's great to share some of their school-related experiences with them.
4. You'll get to know other parents and help foster connections between families in your community.
5. Your help is always needed. Whether it's helping run the next big event or providing support in the office, there are always ways to pitch in.
6. It's a manageable commitment. Spend an hour at a bingo night or a talent show, and your efforts will be appreciated. And remember it's OK to say no when you are busy.
7. It's fun! Even simple events like pizza nights and family reading nights can spice up your week.
8. You can tailor volunteering to match your strengths, interests, and skills in many ways.
9. Have a great idea? Volunteering gives you opportunities to get your ideas out there.
10. Volunteering provides another way to get to know school and support staff to better understand their needs and ideas.

ATTENDANCE

ATTENDANCE HOTLINE:
602-764-1004

ATTENDANCE IS CRUCIAL FOR HIGH SCHOOL SUCCESS

Regular attendance from kindergarten through high school is key to academic and future job success. Families play an important role in ensuring students attend school daily and understand its importance.



EVERY DAY COUNTS
STRIVE FOR LESS THAN FIVE
ABSENCES A SEMESTER

DID YOU KNOW?

- Students should miss no more than 10 days of school each year to stay engaged, successful and on track to graduation.
- Absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other potentially serious difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10 percent, or about 18 days, of the school year can drastically affect a student's academic success.
- Students can be chronically absent even if they only miss a day or two every few weeks. Attendance is an important life skill that will help your child graduate from college and keep a job.

Absence Intervention Flow Chart

This flow chart is based on an 18-week semester with classes meeting according to the PXU schedule or a 9-week semester with classes meeting daily.

| | |
|--|---|
| <p>1</p> <p>Absence in a Class</p> | <p>School Messenger ¹ will notify parent/guardian by phone/email for period and/or all-day absence.</p> <p>Teacher will engage in a on-on-one, check-in conversation with student about the absence.</p> <p>Student will obtain missing work from the content teacher per teacher's missing work/make-up policy and expectations.</p> |
| <p>3</p> <p>Absences in a Class</p> | <p>Attendance Notification Letter will be sent home to parent/guardian.</p> <p>The content teacher will contact parent/guardian about absences.</p> <p>Student will receive opportunity to recover missed learning through classroom/school-based intervention time² in accordance with the course Plan for Success.</p> |
| <p>5 - 7</p> <p>Absences in a Class</p> | <p>Phone banking team will contact parent/guardian about absences.</p> <p>Student will be assessed by student liaison and/or a support services staff member to identify the reason (root cause) for the absences.</p> <p>The student may be placed on an attendance contract and/or referred to a campus intervention³ most appropriate to address the root cause of the absenteeism.</p> |
| <p>7</p> <p>Consecutive School Day Absences</p> | <p>The parent/guardian will be notified when a student is placed on an Attendance Contract or an intervention is assigned.</p> <p><i>Students who have missed 7 consecutive school days will receive immediate attention from student liaison in prevention of a 10-Day Drop.</i></p> |
| <p>9</p> <p>Absences in a Class</p> | <p>A second attendance notification will be communicated to parent/guardian.</p> <p>Parent/guardian and student will meet with assistant principal and support staff to write a Plan of Action.</p> <p>Student will complete a written reflection inclusive of solutions they propose for how to address their absences.</p> <p>Student will be assigned tutoring and/or academic/support intervention and may lose privileges.</p> <p><i>Counselor notification</i></p> |
| <p>10+</p> <p>Absences in a Class per Semester</p> | <p>If a student continues to be chronically absent after all intervention have been implemented/exhausted⁴, a follow-up conference with the parent/guardian, student, and assistant principal/SSC/designee will be held.</p> <p>If attendance continues to create barriers to learning, consideration for a modified schedule or alternative learning environment will be implemented to allow the student to be successful. Alternative learning environments may include evening classes (as available) or other PXU schools.</p> <p>At 12 excused/unexcused absences in a course, a student may lose credit after documented interventions have been exhausted.</p> |

ATTENDANCE

WHAT YOU CAN DO

Make school a priority

- Talk about the importance of showing up to school every day, make that the expectation.
- Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and medical appointments during the school day.
- Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

Help your teen stay engaged

- Stay on top of academic progress and seek help from teachers or tutors if necessary.
- Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage meaningful afterschool activities, including sports and clubs.

Communicate with the School

- Know the school's attendance policy – incentives and penalties
- Talk to teachers if you notice sudden changes in behavior. These could be tied to something going on at school. • Check on your child's attendance to be sure absences are not piling up.
- Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.





PHOENIX
PXU
UNION

Phoenix Union High School District
4502 N. Central Ave
Phoenix, AZ 85012

602-764-1100

[PXU.org/Enroll](https://pxu.org/enroll)